

Mardi Gras

This year, Mardi Gras is on February 20.

Mardi Gras is a traditional Christian festival held the day before a long **fast** begins. What is a fast?

A fast is a time when people do not eat. However, today, when people fast, they do eat, but they eat less than usual. If you were going to fast, what would you do the day before? What do you think people do on Mardi Gras?

On Mardi Gras, people eat lots of fatty foods. In fact, "Mardi Gras" means "Fat Tuesday" in French.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13 ☺	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			



New Orleans is famous for its Mardi Gras celebrations. Do you know what they do there?

They have a famous parade.

Why do you think the people are raising their hands? →



They want to catch beads!



Discuss:

Will you celebrate Mardi Gras? What will you do?

Do you have any holidays like Mardi Gras in your country?

Do you think there will be a Mardi Gras parade in New Orleans this year?